

Date	Day of Admit/Surgery- SAU	Day of Surgery -PACU	Day of Surgery- Bariatric Unit	POD #1 - Discharge	POD #2 - Discharge
Assessments	Adult Admission History & Assessment Pre-Op Checklist Baseline VS, O2 Sat, pain score	VS per PACU routine Pain assessment/management I&O	VS q 1h x4, q4h x24 Assess for pain and nausea per routine orders I&O Notify MD for ↑ Temp, unmanaged N/V, pain, ↑ BP and Pulse per MD parameters Check drain and Op sites Qshift	VS routine Assess pain and nausea per routine orders straight cath prn Notify MD for ↑Temp, unmanaged N/V, pain, ↑ BP and pulse per MD parameters Check drain and Op sites Qshift	VS routine Assess pain and nausea per routine orders
Tests	Accucheck if diabetic –contact surgeon if blood sugar abnormal	Accucheck if diabetic –contact anesthesia if BG <80 or >200 CBC w diff/ BMP	Obtain MD order for insulin sliding scale if diabetic	Obtain MD order for insulin sliding scale if diabetic, CBC,CMP	Obtain MD order for insulin sliding scale if diabetic
Consults	If CPAP or BiPAP indicated: RT to set-up post op Pt may use own CPAP or BiPAP as per RT policy	If CPAP or BiPAP is indicated: RT to set-up Pt may use own CPAP or BiPAP as per RT policy	Psych, Social Worker, Wound Care consults prn RT, PT, OT, Dietitian per MD order Eval to inpatient nutrition	Psych, Social Worker, Wound Care consults prn RT, PT, OT, Dietitian per MD order	Psych, Social Worker, Wound Care consults prn RT, PT, OT, Dietitian per MD order
Activities	Admit weight		Ambulate 30 laps CPAP or BiPAP as ordered per RT policy. HOB up for comfort	Ambulate 30 laps around Nurses station	Ambulate QID With a minimum of 1 mile per day
Perioperative and Anesthesia	Activate Perioperative clinical pathway PC laparoscopic gastric bypass	Airway and Post Anesthesia care management	Airway and Post Anesthesia care management	Airway and Post Anesthesia care management	
Medications/ Treatments	Insert IV Void prior to OR	Antiemetics per N/V guidelines: Glucose management per anesthesia Pain Management per MD orders Nausea Management per MD orders SCD's Oxygen prn	PCA, pain medication & antiemetics, heparin per MD orders SCD per MD order CPAP or BiPAP per order-RT protocol Wean oxygen as tolerated to maintain O2 Sat >90% IS q1hr while awake	Manage pain/nausea per MD orders CPAP or BiPAP per RT protocol IS q 1hr while awake	Manage pain/nausea per MD orders Pain managed on oral elixirs D/C SCD when ambulating JP drain dc'd if ordered
Nutrition	NPO	NPO	4 hours post-op may have sips of water then advance to bariatric clear liquid as tolerated	Bariatric clear liquids Add protein shake	Bariatric clear liquid diet and High protein shake as tolerated
Discharge Planning/ Instruction	Orient patient to environment Orient family to surgery waiting room Pre-Op Teaching:		Post op IS use Post op ambulation progression Review discharge instructions/ handouts and discharge meds.Diet progression.Start post op training		Review discharge instructions/Handouts and discharge meds. Diet progression
Outcomes	Adm. History & Assessment complete Pre-Op Checklist complete Pre-Op Meds given H&P on chart	Pain Management	N/V managed VS WNL, Sats >92% Pain managed absence of DVT's Ambulation progressed as tolerated Determine level of support D/C	VS WNL Amb progressed Pain managed	Return to Pre-Surg ambulation activity Intact skin & healing

